

CERITA 2025

Cermin Realitas Tahunan
Perkumpulan Keluarga Berencana Indonesia

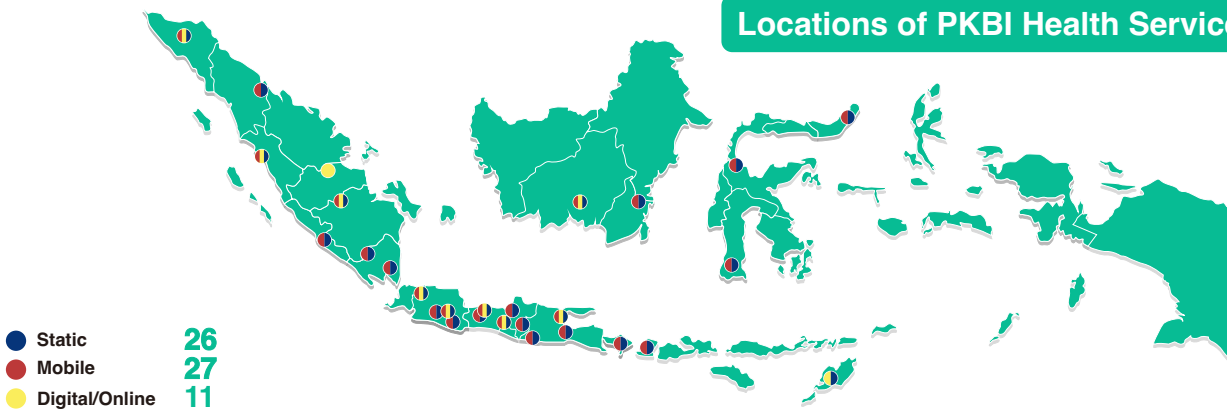
PREFACE

Since 1957, PKBI has been a pioneer advocating for sexual and reproductive health rights (SRHR) in Indonesia. Through the CERITA 2025 report, we showcase how thousands of PKBI volunteers and healthcare workers wholeheartedly deliver sexual and reproductive health services to women and vulnerable groups. This document is more than just an annual record, it's a transparent, data-driven advocacy tool proving that safe healthcare access is the primary foundation for social justice.

The strength of data collected throughout 2025 underpins PKBI's alignment with the Sustainable Development Goals (SDGs), particularly in health, gender equality, and inequality reduction. With a focus on inclusivity for adolescents to people with disabilities, PKBI ensures no individual is left behind in accessing dignified services. This collective effort is a tangible contribution to steering the National Medium-Term Development Plan (RPJMN) and preparing a resilient generation to realize the Golden Indonesia 2045 vision.

Strengthening Healthy Lives and Well-being through Inclusive Reproductive Health Services

Locations of PKBI Health Service Facilities



SERVICES PROVIDED:

- | | | |
|-------------------------------|--|------------------|
| 1 CONTRACEPTION | 4 FERTILITY | 6 HIV/AIDS, STIs |
| 2 GYNECOLOGY | 5 OBSTETRICS | 7 PEDIATRICS |
| 3 UNWANTED PREGNANCY SERVICES | 8 REPRODUCTIVE HEALTH SPECIALISTS
(Menstrual counseling, sexuality, relationships, Gender-Based Violence, initial psychological handling) | |

698.997
TOTAL REPRODUCTIVE
HEALTH SERVICES

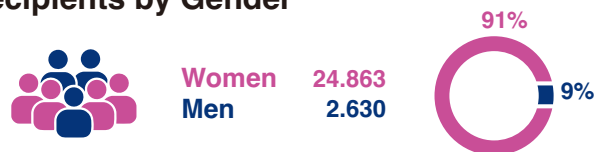
156.818
TOTAL CLIENTS

PKBI's Strategic Achievements in Supporting SDGs 3 and Maternal Health

2025 served as concrete proof of PKBI's contribution to SDGs 3 targets, particularly in reducing the Maternal Mortality Rate (AKI).

Through strengthened comprehensive maternal health services, PKBI has delivered over 2,214 pregnancy consultations and 902 ultrasound services. The presence of competent PKBI healthcare workers ensures that women from vulnerable groups who previously isolated from formal healthcare systems, receive safe and dignified medical support throughout their pregnancies.

Percentage of Contraception Service Recipients by Gender



PKBI provided 27,405 contraception services, with 17% of them utilizing Long-Acting Reversible Contraceptive (LARC) methods such as IUDs and implants. This achievement contributes to meeting the family planning needs of women aged 15–50 years with modern methods, while serving as a key strategy in preventing unplanned pregnancies, including among adolescents

Access To Modern Contraception And Cervical Cancer Prevention

General Contraception Counseling

18.996 clients

Long-Acting Contraception Services (IUD and Implant)

4.576 clients

Short-Acting Contraception Services (Condoms, Pills, Injections)

2.658 clients

Permanent Contraception Services (Vasectomy and Tubectomy)

970 clients

Emergency Contraception Services (Pills)

205 clients

Total Clients

27.405

Protection for Gender-Based Violence Victims and Contraception Failure In efforts to protect victims of gender-based violence (GBV) and women experiencing contraception failure, PKBI also provided emergency contraception consultation and counseling services to 205 individuals.

Target 3.3: Prevention and Control of HIV and STIs

PKBI plays a strategic role in supporting SDGs Target 3.3 on the prevention and control of HIV and sexually transmitted infections (STIs). PKBI delivers comprehensive, accessible, and client-centered HIV and STI response services. All these services form part of PKBI's ongoing struggle to fulfill sexual and reproductive health rights (SRHR) for everyone, without stigma or discrimination.

HIV SERVICES 2025



TOTAL SERVICES
367.737

TOTAL CLIENTS
135.849

107.103 Services
SCREENING & MANAGEMENT SERVICES

As part of efforts to prevent advanced infections and reproductive health complications.



TYPES OF HIV SERVICES PROVIDED

RISK REDUCTION COUNSELING	VIRAL LOAD TESTING
RAPID HIV TESTING	PEP (POST-EXPOSURE HIV)
ANTIRETROVIRAL THERAPY	PREP (PRE-EXPOSURE HIV)
PRE- AND POST-HIV TEST COUNSELING	

PKBI's Commitment to Inclusive SRHR Services PKBI believes that everyone has the right to accessible healthcare services, accurate and reliable information, and equal treatment without stigma. Data reflecting PKBI's commitment to ensuring sexual and reproductive health rights (SRHR) are fulfilled through inclusive, high-quality, and client-centered services.

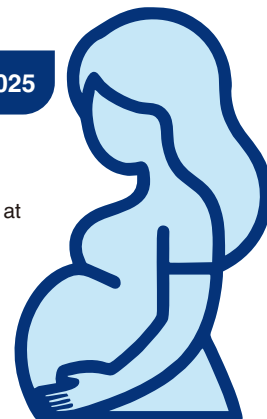
Safe and Inclusive Unwanted Pregnancy Services

UNWANTED PREGNANCY SERVICES 2025

1.582 Women

Women received safe unwanted pregnancy services at PKBI clinics, covering:

- ◆ PRE-ABORTION COUNSELING
- ◆ CONSULTATION SERVICES
- ◆ SAFE MEDICAL & SURGICAL PROCEDURES
- ◆ POST-ABORTION COUNSELING



These services save women from the risks of unsafe abortions, one of the leading causes of maternal mortality. In Indonesia, official data on safe unwanted pregnancy management remains very limited, and legal issues are still complex. PKBI's data serves as a key reference highlighting the significant need for these services.

Challenges based on the policy of Law No. 1 of 2023 concerning the Criminal Code



Articles 408–410 (Contraception Promotion)

Prohibits promoting contraception to children, except by "authorized personnel" for family planning programs, STI prevention, or health education.



The unclear definition of "authorized personnel" opens the door to criminalization of field workers and community health educators.



Articles 411 & 412 (Adultery & Cohabitation)

Although complaint-based offenses, these articles could narrow the safe space for community services



Risks of excessive oversight, stigma, and profiling of vulnerable groups may hinder access to safe and confidential sexual and reproductive health services.



Articles 463 (Abortion Exceptions)

Expands exceptions to abortion criminalization for victims of sexual violence up to 14 weeks of pregnancy.



This is a significant advancement. Administrative challenges and the need for rapid referrals remain crucial to ensure victims can truly access this provision.



Impact

If not anticipated, these provisions could:

Hinder vulnerable groups' access to safe and confidential services

Increase fear and hesitation among service providers

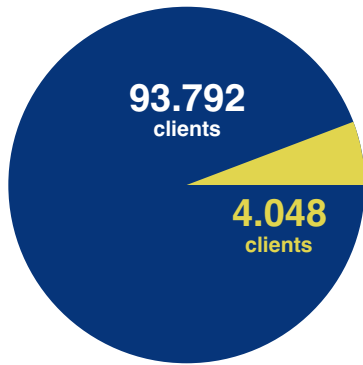
Threaten the sustainability of community-based sexual and reproductive health services

Gender Equality as the Foundation for Fulfilling Reproductive Health Rights

PKBI's Role in Supporting SDGs 5 on Gender Equality 2025 reaffirmed PKBI's strategic role in supporting SDGs 5 on Gender Equality. PKBI views equality not merely as a goal, but as an absolute prerequisite for women and girls to have full control over their sexual and reproductive health rights (SRHR). Without equality, access to healthcare will always be hindered by stigma and power imbalances.

Concrete Actions to Eliminate Violence Against Women

Diagram Beneficiaries of Screening and Services for Gender-Based Violence (GBV) Victims



PKBI contributes by strengthening services for GBV victims, encompassing physical, sexual, and other forms of violence from both partners and non-partners. Throughout 2025, PKBI recorded **93,792 individuals receiving GBV screening services**. This screening is a crucial step to detect signs of physical or sexual violence as early as possible, enabling survivors to promptly access appropriate medical and psychological care. **Through the screening process, 4,084 individuals were successfully reached and received follow-up GBV counseling services.**

The high access to PKBI services is driven by a comprehensive referral system. PKBI collaborates with task forces, legal aid providers, and safe houses (shelters) to ensure survivors receive holistic protection.

Through peer and professional counselors, PKBI creates safe spaces guaranteeing confidentiality and privacy, empowering survivors to begin long-term recovery. PKBI serves as an alternative service to facilitate GBV victims who do not receive government support.

Elimination of Female Child Circumcision Practices

In line with SDGs Target 5.3, PKBI actively works to eliminate harmful practices such as child marriage and female genital mutilation (FGM). The primary focus is strengthening community awareness of girls' bodily rights. Here are some key actions PKBI took in 2025:



Education for PKBI adolescent peer educators in 25 regions

Public campaigns in 2 car-free zones (Jakarta and West Sumatra)



Education sessions in 13 schools and universities across various regions

Campaign media including: snakes and ladders games, playing cards, flip charts, and educational fans



Development of an educational guideline book on Preventing Female Genital Cutting/Mutilation for healthcare workers, in collaboration with the Ministry of Health, IBI (Indonesian Midwives Association), and Asia Network to End FGMC



Online capacity building for midwives and other healthcare workers

Reducing Inequality through Inclusive Sexual and Reproductive Health Access, Including Disaster-Affected Areas

2025 proved PKBI's commitment to supporting SDGs Goal 10 on Reducing Inequality. PKBI focuses on ensuring the most vulnerable groups adolescents, people with disabilities, and remote communities maintain equal access to reproductive health services. Amid disaster situations where health facilities often collapse and sexual violence risks increase, PKBI serves as a key actor closing service gaps to ensure community health rights are fulfilled even in emergencies.



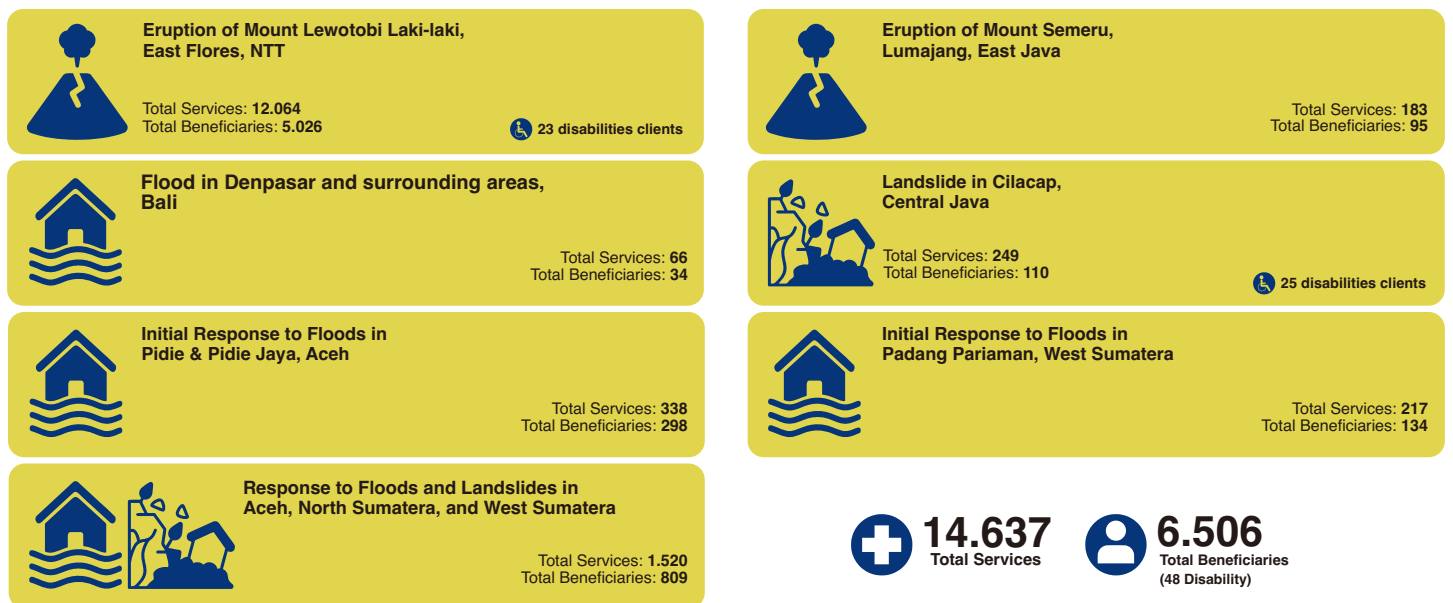
psychosocial counseling, and distribution of reproductive health supplies. These services were specifically designed to be accessible to all, proven by adaptive support for people with disabilities to ensure they were not left behind in receiving medical care.

Building Resilience and Social Justice

For PKBI, reducing inequality goes beyond temporary aid it's about building post-disaster community resilience. By utilizing mobile services and tele-counseling in remote areas, PKBI ensures continuity of reproductive health services for pregnant women, adolescents, and violence survivors. Through these tangible efforts, PKBI affirms that fulfilling sexual and reproductive health rights is an inseparable part of social justice, ensuring no individual is left behind even in the most challenging conditions.

Rapid and Inclusive Response in Disaster Areas

Through a community-based emergency response approach, PKBI reached disaster-affected areas from the Mount Lewotobi eruption in NTT to flash floods in North Sumatra. With a total of 14,637 services for 6,506 beneficiaries, PKBI provided medical assistance,



Perkumpulan Keluarga Berencana Indonesia (PKBI), a non-profit organization and pioneer of the Family Planning movement in Indonesia. With a vision to realize responsible and inclusive Indonesian families and communities. For its dedication and contributions to health issues, particularly population control, PKBI's founder, dr. R. Soeharto, was designated as a National Hero in 2023. PKBI has been present since December 23, 1957, and is currently spread across 25 provinces and 186 regencies/cities.

Person in Charge
National Board Chairperson

DR. Ichan Malik, M.Psi